



## DIABETES

- Blood Pressure increases
- Swelling in the feet, ankles, hands, or eyes
- Increased need to urinate
- Confusion
- Shortness of breath
- Decreased appetite

## KIDNEY

### NEPHROPATHY

As the kidney damage progresses the individual may experience the symptoms of kidney failure.

## LENS OPACIFICATION

## GLAUCOMA

### RETINOPATHY

- Blurry vision
- Dark spots floating in vision
- Dark or empty areas in vision
- Vision loss

## NEURALGIA

### PERIPHERAL NEUROPATHY

- Numbness
- Burning
- “Pins and Needles”
- Shooting pains
- Weakness
- Tingling
- Sores on feet or legs heal slowly

## HEART

Persons with Diabetes are more likely to experience:

- Heart Attack
- Stroke
- High Blood Pressure
- High Cholesterol
- High Triglycerides

## OSTEOPOROSIS

Persons with diabetes are also more likely to experience:

- Gum Disease
- Hearing Loss
- Depression