



COLLEGE OF EDUCATION & HUMAN DEVELOPMENT

LAMAR UNIVERSITY

Department of Nutrition, Hospitality & Human Services

STUDENT HANDBOOK

CONTACT INFORMATION:

Dr. Amy Shows, PhD, RDN
Professor, Nutrition & Dietetics
DPD Program Director
Lamar University
Department of Nutrition, Hospitality & Human Services -

7962

Email: arshows@lamar.edu



The Lamar University Didactic Program is a
Accredited Program by the Accreditation Council for Education in Nutrition and Dietetics (ACEND)
Academy of Nutrition and Dietetics
120 South Riverside Plaza, Suite 2190
Chicago, IL 60606-6995
ACEND@eatright.org
Phone: (312) 899-0040 ext. 5400
Website: <http://www.eatrightPRO.org/ACEND>



}vš]š({}OEu Ÿ}v ({}OE E]• %OE}À] o}ÁX
 OE]š Ÿ}v }μv]o ({}OE μ Ÿ}v]v EμšOE]Ÿ}v v] š Ÿ }(
 EμšOE]Ÿ}v v] š Ÿ •
 íîî ^}μšZ Z]À OE•] Wo ì U ^μ]š íîî
 Z] P}U />òöïöñò
 WZ}v W-ô-ã-ö-î-ö-ìU ÆšX ñöîî
 E › šOE]PZšX}OEP
 t •]š [WIIÁÁÁX šOE\]PZšWZKX}OEP I E](#)

Pathways to enter the dietetic profession as a Registered Dietitian Nutritionist (RDN)

μOECE vš % šZÁ Ç• š} vš OE šZ] š ŸOE Ç%OE•} (•}•v}μv •OEVP OE Eμ š
 and post- o μOE š •š šμ•X •OE] %Ÿ}v• } (%OE}P OE u % šZÁ Ç• š
 %OE} (••]}v OE • (}oo}Á•W

Didactic Program in Nutrition & Dietetics (DPD) plus Dietetic Internship (DI) = D⁺

E- OE]š %OE}P OE u• ({}OE μv OE P OE μ š v P OE μ š •š μ
 (}} P Á • g à é 'à é 079E]TJ0110>14<01F>-60170>4<-3<018C>10<00>14<001-4-0180

- Complete Supervised Practice Hours: 500 hours (100 hours in each of the following areas):
 - μ%_o CE À]• %_o CE Ÿ (OECEu]š %ECE}PCE u ~ ÆW > u CE hv]À] š Ÿvš CEv•Z]%)_o ~ /•X
- Pass a national exam for RDNS: 60% passing score
 - μ%_o CE À]• %_o CE Ÿ v]v]À] μ o]• o]P] o š } š] š Ÿ Z P]•šCEZ v vu]v Ÿ}CE] ŸŸ v•X
- Meet State Requirements to Practice: 100 CE hours (50 hours in each of the following areas):
 - š š Á]šZ •}u •š š • CE [www.nurses.com](#) v š X}CEPI>] v• μCE dZ > u CE hv]À CE•]šÇo}W š %_o CE}PCE uX]•
- Continue to Learn: 50 CE hours (25 hours in each of the following areas):
 - μ%_o CE À]• %_o CE Ÿ }v hv]š • ~ W h•• À CEÇ .À Ç CE P]•šCE Ÿ}v •š šμ•X

CE]š Ÿ}v }μv]o (}CE μ Ÿ}v]v EμšCE]Ÿ}v v v šZ uÇ }(EμšCE]Ÿ}v v] š Ÿ •U íîî ^}μšZ Z]À CE•] Wo Ì U ^μ]š ííô-ìðõõZ]U P}U /> òìð ò ï-ôîîó-óòîî ÆšX ñðîîX

BS in Nutrition Degree Plan

E hdZ/d/KE l / d d/ ^ ~îí ,Z^•

NU

E hdZ ñîîõ ~dZ v ŒPÇ E μšŒ] vš••

EhdZ ñîîí ~ À v DEd /•

EhdZ ñîîï ~ À v DEd //•

EhdZ ñîîó ~&}} WŒ]v]%o • ~ WŒ %ŸŒ

EhdZ ñîîõ ~D vμ ~ WŒ} μ Ÿ}v D v P u vš•

,K^W ñîîì ~KŒP v]î Ÿ}v o D v P u vš (}Œ ^ ŒÀ] ••

Academic Advising

Tuition, Fees, and Other Expenses

& } CE μ CE CE v š] v š { μ CE ů } v } v ZC • WII Á Á X o u CE X μ I • š μ v š • I %
for

EXPECTATIONS OF STUDENTS

dZ EμšOE]š}Ÿ- • P OE }v všOE Ÿ}v OE •μoš•]v Z o}OE }(^]
v]•]u š šZ}• •šμ vš• ÁZ} Á v š š} }u Z P]•š OE ŸŸ
Kv š} šÁ}•š OE• (}OE }u%o ŸvP šZ %oOE}P OE uU šZ W %oOE}F
šZ •šμ vš š}]• μ•• šZ •š %•• (}OE %o%o oÇ]vP š} •μ%o OE À]
hv]À OE•]šÇ[•] š Ÿ /vš OE v•Z]%o ~ /• W OE}P OE u•X

}μœ•• v šZ W }μœ••X /š]• œμ] o š} Z Àstov Æ oo
•Z}Á šZ •šμ vš Z • u •š œ šZ lv}Áo P v •l]oo• š} • u
•μ%œÀ]• %œ Ÿ o À oX Z % ŸvP }μœ••](šZ Pœ
š œu]v Ÿ}v v]• v }μœ P %œ]]œ š} Pœ μ Ÿ}wX ÐoI Á
Ç}μœ W }μœ•• ~EhdZU ,K^WU , DU /K>U }μœ••X
ôXt}œI Æ%œ] v ls}oμvš œ ŸÀ]Ÿ oI>}(œšZŸ%œœ <μ]œ • š:
]v]Á] μ o %œ v o v u}ŸÀ š X t}œI Æ%œ] v
<μ o]Ÿ •X t}œI]ŸPP v}μœ•• v o•} u}v•šœ š šZ •šμ š-
v Ÿu u v P u vš •l]oo•X t}œI Æ%œ] v]v vμšœ]Ÿ}vI] š
Æšœ u oÇ À oμ o X /(•šμ vš } • v}š Z À u%œo}Çu š
Æ%œ] v]• •• vŸ oX

Th œ]• Á] of Æ]oμPvš œ }%œ%œ}œšμv]ŸÀ• œ]Z œ%œvœ]œ}À]]
šZ . o X]dZoμ Z}•%œ]š œu oœP(À ða*À À œàa*À o Aà œ

Plagiarism: K+ Œ]vP šZ Á}ŒI }(v}šZ Œ • }v [• }Áv Á]šZ}μš %Œ
%Œ o P] Œ]•(ŒŒ šZ ŒÇ •šμ vš ÁZ} (]o• š} P]À Œ]š (}Œ (μ
] vŸ o Æ%Œ ••]}v }(u š Œ] o š | v (Œ}u }}|•U i}μŒv o•U
v }šZ Œ Œ (Œ v Á}ŒI•U }Œ šZ šZ u •U }Œ }šZ Œ ÁŒ]Ÿv

o "UK Xĭ ð ÀŒ

• š õ,%(% "W ñ b%pĩ 0b a]p +P / ð(

<Z E îXó • OE] }vš }Zµ ŸvPZ (]vš}OE šÇ]v vµšOE]Ÿ}v
]v oµ]vP •šOEµ šµOE o]•U •}] o]v <µ]Ÿ •U Z ošZ]•%o OE Ÿ •

<Z E îXô W OEŸ]%o š]v vµšOE]Ÿ}v v] š Ÿ • %o OE}
•]Pv]. vš OE}o }(šZ }OEP v]î Ÿ}vX

<Z E îXõ (v %o}•]Ÿ}v }v]••µ •]u%o ŸvP šZ vµšO

Domain 3 Clinical and Client Services: Development and delivery of information, products and services to individuals, groups and populations

<Z E îXíšž• EµšOE]Ÿ}v OE WOE} •• v o]v] o Á}OEIG
%o OE u š OE•U] Pv}• vµšOE]Ÿ}v OE o š %o OE} o u•U š OE u]v
]vš OEÀ vŸ}v• v À o}%o %o o vŸš}vu}•v]š}OZšOEÀ vŸ}v•X

ix tZ v •šµ vš (o•]•• Ÿ•. Á]šZ v •% š }(šZ W
(µošÇ u u ŒU šZ •šµ vš Á]oo À Œ o]ì]•• Ÿ•(Ÿ)
u u ŒX À ŒÇ +}Œš Á]oo u Ç šZ (µošÇ u u C
• ©o šZ u © Œ š šZ]•]v()}Œu o o À oX
X/(•Ÿoo]•• Ÿ•.šEZÁšZ < ÀŒe<w B`Acu ÁEZA`ÀŒ@fSÁĐ ŒŒ

KšZ Œ >h /u%}Œš vš Eµu Œ•

hv ŒPŒ µ]•š]vP À vš ŒV8822ðìõ À]Œ%P] o] • ŒÀ] }o u ŒX µ
À]•}Œ• (}Œ &Œ •Zu v v ^}%Z}u}Œ W ^šµ vš•

,}µ•]vPW ~ðìõñîôî-

D ŒÇ v :}Zv 'Œ Ç >]-ŒíŒÇW ~ðìõ• ôîî

Z }Œ •IZ P]•šŒ ŒW }Œìõõðî-

••]]o]šÇ Z •}µŒ -všðŒW ~ðìõ• ôîî

^šµ vš &]v v] o }ôWñîðìõ• ôîî

^šµ vš , ošZ vš -ŒVòðìõ• ôîî

^šµ vš dµš}Œ]vP v Z š vŸ}v ^ ŒÀ]í • ~^d Z•W ~ðìõ• ôîî

> u ŒW}o] % Œšuô ìîšW ~ðìõ• ôîî